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# Sarah Katz

**Founder & CEO**
SheDisrupts
Dropsheet

**Former Founding Partner & President**
Spaulding Ridge



Sarah Katz is a founder and CEO who brings over 20 years of experience building businesses and advising enterprise leaders through growth and AI transformation. Having built and led multiple companies from the ground up, Katz is experienced in strategy, scaling at pace, M&A, and IPO readiness. As an ExCo mentor, she advises senior executives and leadership teams on the leadership and operating decisions behind AI transformation, helping them identify where AI can create value, assess its return, and redesign work as people and AI agents take on new roles. By aligning finance and operations with modern technology, she works closely with executive teams to evolve how organizations plan, measure, and deliver results.

Katz is the Founder & CEO of Dropsheet, an AI-native platform that delivers custom enterprise applications end-to-end, with teams of people and AI agents working side-by-side. She is also the founder of SheDisrupts, a podcast and platform where she advises women building AI-native businesses and invests selectively in startups, including YC-backed companies. Additionally, she moderates YPO CEO forums, facilitating confidential peer groups of chief executives. She formerly served as Vice-Chair of YPO NY Metro.

Previously, she joined Spaulding Ridge as a Founding Partner and later became President. Her work largely centered on helping CFOs and leadership teams use technology to support growth, scale, and transformation, whether through acquisitions, entering new markets, launching new products, or navigating strategic pivots. During her tenure, Katz helped grow the firm from its early stage to more than $100M in revenue and 650+ employees worldwide, leading enterprise go-to-market, AI strategy, and operational scale for several well-known publicly listed technology companies.

She also guided two well-known companies through IPO readiness, and worked with platform businesses to operationalize generative AI and expand B2B enterprise offerings.

Earlier in her career, Katz was a Senior Manager at Blue Stone International. She helped scale the firm from 12 to 100+ employees and led it through its acquisition by a public consulting firm. She also delivered data and financial transformation programs for Fortune 500 clients. She began her career in investment banking at ABN AMRO, where she worked alongside Goldman Sachs and Fortress Investment Group on strategic modeling and capital structuring.

Katz holds a Bachelor's degree in Business from Marquette University, and gained formal leadership and board governance education through the Stanford Executive Program and NYSE Women on Boards program. She is fluent in Russian and English, is a devoted live-music fan, and an active supporter of the arts. She resides in San Francisco, though she maintains deep ties to Chicago and New York.